**Ingredients**:

* 1 head cauliflower, chopped
* 2 Tbsp olive oil
* 3-5 garlic cloves, minced
* Sea salt & pepper

**Instructions**:

* Steam cauliflower until tender.
* Sauté garlic in 1 Tbsp oil.
* Blend all ingredients until smooth. Adjust consistency with olive oil or water if needed.